

	Kids 1 Mile	Adult 5K
Registration by 8/28	\$5	\$8
Registration after 8/28	\$10	\$15
T-Shirt (optional)	\$7	\$9
T-Shirt Size (circle)	S , M , L	M , L , XL
Total Fees:	\$ _____	\$ _____

RELEASE MUST BE SIGNED

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Northfield Savings Bank, Northfield Observances, Inc., the Central Vermont Runners, the city and Village of Northfield and all sponsors, volunteers, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver. I also grant full permission to use my likeness in photographs or videos for any publicity and/or promotional purposes without obligation or liability to me.

Signature (adult runner or parent/guardian of runner under the age of 18)

Date: _____

Make checks payable to NSB 5K & mail with form to:

**Northfield Savings Bank
Attn: Flying Pig Footrace
P.O. Box 347, Northfield, VT, 05663**

Questions? Call 800-NSB-CASH

110% BANKING

Instead of paying a stock dividend as stockholder-owned banks do, Northfield Savings Bank pays a community dividend. With NSB, you get 100% of the bank you need, plus we donate 10% of profits to Vermont community organizations. We call this 110% Banking.

Simply by banking with NSB, you help make Vermont a better place to live and work. Thank you to our customers for helping make this community dividend possible.



Vermont Adaptive Ski & Sports

With nearly 400 active volunteers, plus generous partners and sponsors, and an amazing base of clients and friends, Vermont Adaptive Ski & Sports has been at the forefront of sports and recreation for those with disabilities in New England for more than 20 years. Vermont Adaptive Ski & Sports is committed to empowering individuals with disabilities. We promote independence and further equality through access and instruction to sports and recreational activities.

We believe sports and recreation provide a physical, mental and social experience that is immeasurable in promoting self-confidence and independence in an individual. To that end, we extend an enormous thanks to our affiliates, sponsors, volunteers and partners who believe in our mission and vision, and who afford us the opportunity to bring sports and recreation to our clients' lives.

33rd Annual Northfield Savings Bank Flying Pig Footrace Saturday, Sept 4, 2010



NORTHFIELD
SAVINGS BANK

To Benefit:



Additional Support From:



110% BANKING

100% of the bank you need + 10% of profits to Vermont community organizations



