

**34th Annual Capital City Stampede
10k Road Race
Saturday, June 11, 2011
Race Start: 9:00am**

Registration: \$10.00 until June 6, 2010, \$12.00 on Race-Day

Race-Day Registration is 7:45-8:45 AM at Onion River Sports, 20
Langdon Street, Montpelier, Vt.

Awards: Gift certificates to top 3 Male and Female finishers.

Prizes to top age group finishers.

Name _____ **Age** (race day) _____

Sex: M F

Address _____

City _____ **State** _____

Zip _____

Check payable to: Central Vermont Runners

Mail to: John Valentine, 440 Northfield Road, Roxbury, Vt. 05669

More information: www.cvrunters.org or jvalentine@tds.net

I hereby waive, release, and discharge any and all claims from damages for death, personal injury or property damage which I may have or which may hereafter accrue to me as a result of my participation in the Capitol City Stampede. This release is intended to discharge the promoters, sponsors, officials and any public entities, from and against any and all liability.

Name: _____ **Date:** _____

Parent or Guardian if under

18: _____ **Date:** _____

Sponsored by:

Organized by:

