

BERLIN POND FIVE MILER

Thursday, August 11, 2011 -- 6:00 pm

Race #6 in the 2011 Central Vermont Runners - Onion River Sports Race Series

LOCATION: Registration at Berlin Town Hall, 108 Shed Rd, Berlin, VT

PARKING: Parking at Town Hall only. **No parking along race course.**

REGISTRATION: 4:45 pm - 5:45 pm, August 11, Berlin Town Hall

RACE DAY REGISTRATION ONLY -- NO PRE-REGISTRATION

ENTRY FEE: \$5.00

START TIME: 6:00 pm

Note: Race start is one-half mile from the registration venue. Registration will close at 5:45 pm.

COURSE: 5-mile counter-clockwise loop around Berlin Pond on dirt roads w/ one water stop. First half very hilly; second half not. USATF certified course VT05001RF.

AWARDS: Top 3 overall male and female
Age group awards male & female: 0-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
(1 to 3 deep per category based on number of registrations)

***** NEW SINCE 2010 *****

Special awards for the King and Queen of the Hills. First male and female to reach highest point on course (~ 1.75 miles). Must finish in top 10 overall for gender.

QUESTIONS: For additional information, visit www.cvrunters.org/weeknight Or contact race directors Jeff Prescott jeffp_cvr@myfairpoint.net or Sue Emmons sue.emmons@comcast.net

DRIVING DIRECTIONS: Exit 7 from I-89 onto VT 62 for 0.9 miles. Right on Paine Turnpike for 0.3 miles. Right on Crosstown Rd for 0.1 miles. Right on Shed Rd.

RULES: No baby joggers. No headphones. No dogs.